

1. Define the following: -

- (i) Health
- (ii) Disease
- (iii) Communicable diseases
- (iv) Non-communicable diseases
- (v) Pathogens
- (vi) Droplet infection
- (vii) Public Hygiene
- (viii) Vaccination
- (ix) Immunization
- (x) First Aid
- (xi) Vectors

2. How does the communicable disease spread in the society? Communicable disease gets spread by

a) Direct method or b) Indirect method.

3. What are the preventive measures for diseases?

I: Public Hygiene:

II :Healthy Environment:

- 4. State the ways in which vaccines are prepared, giving the name of one disease for which each type of vaccine is used.
- 5. Burns can be superficial burns, deep burns or chemical burns. What emergency care you would suggest in each case.
- 6. What First aid should be provided in case of bleeding?
- 7. What First aid should be provided in case of fractures?
- 8. What First aid should be provided in case of fractures?
- 9. Describe the ways by which you can provide a first aid to a person who has become unconscious.
- 10. What First aid should be provided to a person who has swallowed poison?
- 11. What First aid should be provided in case of snake bite?
- 12. What First aid should be provided in case of sting?

13. What First aid should be provided in case of fever?
14. State the harmful effects of consuming tobacco.
15. State the harmful effects of consuming drinking alcohol.
16. State the harmful effects of consuming drugs.
17. **Name the following:**
 - (i) Viral diseases
 - (ii) Vector diseases
 - (iii) The scientist who first worked on vaccination
 - (iv) A highly contagious viral infection of the respiratory system, usually spreads in children by contact.

18. State the symptoms of:

- (i) Influenza
- (ii) Measles
- (iii) AIDS
- (iv) Malaria