

1. Mention few healthy habits.
2. Give reasons:
 - a) We should cover our mouth and nose while coughing or sneezing.
 - b) Eating places must be kept free of flies.
 - c) The skin must be kept clean.
 - d) Biting of nails must be strictly avoided.
 - e) We must wash our hand thoroughly before using it for eating food.
 - f) Lack of insulin leads to an increase in blood sugar level.
3. Why should a person do exercise daily?
4. What is malaria? How is it caused?
5. Study the given figure and answer the questions based on it.
 - a) Name the insect.
 - b) Name the disease spread by this insect.
 - c) How does it spread diseases?
6. How will you control mosquito?
7. Define the following terms:
 - a) Hygiene
 - b) Vector
 - c) Contamination
8. Name the causative agent of cholera, also explain how it is transmitted.
9. Answer the following questions:
 - a) Which pathogen found in tannery waste?
 - b) Which substance in industrial waste causes abnormalities in nervous system.
 - c) Causative agent of filariasis.
10. Mention the ways by which potable water can be contaminated.
11. How spreading of mosquitoes can be controlled to maintain social hygiene?
12. Give the causative agent of following diseases:
 - a) Amoebic dysentery
 - b) Yellow fever
 - c) Cholera
13. Explain how housefly spread the germs from place to place?



14. Define vector, how housefly is economically important?
15. How a person can maintain his or her personal hygiene, explain
16. Explain how housefly can be eliminated?
17. What is significance of proper sleep?
18. Name the substance that cause tooth disorder.
19. How Hepatitis B and C are transmitted?
20. How cockroaches and rats are harmful to humans?

